

Family and Consumer Sciences

Course Title	Recommended Credits	Pre-requisites	Concurrent/s
Teen Living	(Grade Level—5, 6, 7, 8)	None	
Family and Consumer Sciences	1	None	
Adult Living	1	None	
Child Development	½- 1	None	
Consumer Economics	½- 1	None	
Family and Parenting	½- 1	None	
Housing and Interior Design	½- 1	None	
Interpersonal Communications	½	None	
Nutrition Science	1	None	
Nutrition and Foods	½- 1	None	
Textiles and Apparel	½- 1	None	
Career Connections	½	Recommended--Interpersonal Communications or Career Management Success	
Occupational Courses			
Early Childhood Education Careers I			
Early Childhood Education Careers II			
Early Childhood Education Careers III			
Culinary Arts I	1-2	None	
Culinary Arts II	2-3	Culinary Arts I	

Culinary Arts III	2-3 (incl. work-based learning)	Culinary Arts I & II	
Foundations of the Hospitality Industry	½		

Family and Consumer Sciences Course Descriptions

ADULT LIVING

This course is designed to empower students to take action for the well-being of themselves and others as they effectively manage the roles and responsibilities created by family, career, and community interactions. Focusing on the young adult, content includes skills and knowledge to enable students to maintain an optimum living environment by making responsible young adult decisions. Students will learn to plan and set goals for a career, manage multiple roles, maintain respectful and caring relationships with improved communication skills, understand the responsibilities of parenting, cope with stress and crisis situations, provide for health and well being, and function as informed consumers.

The integration of Family, Career, and Community Leaders of America (FCCLA) provides students with opportunities for leadership development, personal growth, and school/community involvement.

Recommended Grade Level: 11 and 12

CAREER CONNECTIONS

Career Connections is designed to provide students with an understanding of how to plan for and manage careers in a continuously changing workplace. Students will learn the importance of exploring multiple career paths and building on the inter-relatedness between occupations when applying career development strategies throughout the life span. With the recognized relationship between family functioning and work productivity, the family/work connection is emphasized in the content of this course.

Instruction will include strategies for engaging in life-long learning, addressing the continuous process of learning new skills, adapting decision-making and problem-solving skills to changing conditions, managing work and family responsibilities, and working with diverse populations. This course will encompass an individual's total lifestyle-education, occupation, social responsibility, and leisure.

Involvement in service learning through a related vocational student organization will help students learn about workplace roles, understand employers' expectations, develop realistic ideas about careers, network with adults, and establish themselves as valuable resources and community assets.

Recommended Prerequisite: Interpersonal Communications or Career Management Success

Recommended Grade Level: 11, 12

CHILD DEVELOPMENT

Child Development is a specialized course that prepares students to understand the physical, social, emotional, and intellectual growth and development of children. The course is designed to help young people acquire knowledge and skills essential to the care and guidance of children as a parent or caregiver. Emphasis is on helping students create an environment for children that will promote optimum development. Experiences such as laboratory observations, job shadowing, or laboratory participation may be included if opportunities are available.

The integration of Family, Career and Community Leaders of America (FCCLA) provides students with opportunities for leadership development, personal growth, and school/community involvement.

CONSUMER ECONOMICS

Consumer Economics is a specialized course designed to prepare students to understand the United States economic system and how it affects individuals as consumers, producers, and citizens. Students will integrate knowledge, skills, and practices required for management of resources in a technologically expanding global economy. Consumer practices and responsibilities are investigated and skills in planning for financial security are included in the content. Core skills in decision making, problem solving, critical thinking, goal setting, management of multiple roles, and using technology are integrated into course content.

The integration of Family, Career, and Community Leaders of America (FCCLA) provides students opportunities for leadership development, personal growth, and school/community involvement.

Recommended Grade Level: 10-12

Course Substitution: Economics

FAMILY AND CONSUMER SCIENCES (FACS)

Family and Consumer Sciences is a comprehensive, foundation course designed to assist students in developing the core knowledge and skills needed to manage their lives. Emphasis is on leadership, human development, family and parenting education, consumer economics and resource management, housing and living environments, nutrition and foods, textiles and apparel, and career preparation. Critical skills in decision making, problem solving, critical thinking, technology, work and family management, and workplace readiness are reinforced through authentic experiences. The course allows students to select specific areas for future concentrated study.

The integration of Family, Career and Community Leaders of America (FCCLA)

provides students with opportunities for leadership development, personal growth, and school/community involvement.

Recommended Grade Level: 9-10

FAMILY AND PARENTING EDUCATION

Family and Parenting Education is a specialized course which emphasizes the significance of the family as a basic unit of society and its impact on the well-being of individuals and society. The major focus of the course is preparation for marriage, parenthood, and the responsibilities for successful management of family life.

The integration of Family, Career and Community Leaders of America (FCCLA) provides student opportunities for leadership development, personal growth, and school/community involvement.

Recommended Grade Levels: 10 - 12

HOUSING AND INTERIOR DESIGN

Housing and Interior Design is a specialized course designed to prepare students to understand the influences affecting housing decisions. The course includes instruction in the social/psychological aspects of housing, the consumer aspects, housing trends and issues, the application of design principles to the living environment, home furnishings and equipment, home care and maintenance, and exploration in related occupations/careers. Emphasis is on using available resources effectively to meet individual and housing needs.

The integration of Family, Career and Community Leaders of America (FCCLA) provides students with the opportunity for leadership development, personal growth, and school/community involvement.

Recommended Grade Levels: 10-12

INTERPERSONAL COMMUNICATIONS

Interpersonal Communications is a specialized course designed to focus on communications within the areas of personal life, family life, community, and workplace. The role of communication in establishing and maintaining healthy interpersonal relationships is emphasized. Communication skills and core skills in decision making, problem solving, critical and creative thinking, technology, and workplace readiness practiced in this course will empower students to function effectively as a member of a rapidly changing global community. Students will apply skills learned when participating in integrated service learning experiences. This involvement in the community will help students network with adults and establish themselves as valuable resources and community assets.

The integration of Family, Career, and Community Leaders of America (FCCLA) provides students with opportunities for leadership development, personal growth, and school/community involvement.

Recommended Grade Level: 10-12

NUTRITION SCIENCE

Nutrition Science is a course designed to focus on the practical application of scientific concepts. It incorporates the science of the production, processing, evaluation, and utilization of foods and relates scientific concepts and processes to practical applications in nutrition. Students use scientific methods in laboratory experiments to facilitate the understanding of the human body, food and nutrition, and science. The course utilizes a team-teaching approach with a family and consumer sciences and a chemistry or biology teacher.

The integration of Family, Career and Community Leaders of America (FCCLA) provides students with opportunities for leadership development, personal growth, and school/community involvement.

Pre-requisite: A credit in physical science or biology is recommended.

This credit satisfies either one credit of life science (if team-taught with a biology teacher) or one credit of physical science (if team-taught with a chemistry teacher) required for graduation. The University of Tennessee and Tennessee Board of Regents' schools approve it for admissions.

Recommended Grade Level: 10-12

NUTRITION AND FOODS

Nutrition and Foods is a specialized course with emphasis on helping students understand the significance of food, principles of nutrition, and the relationship of nutrition to health and well-being. The course offers the students opportunities to develop skills in the selection, preparation, storing, and serving of food, meal management to meet individual and family nutrition needs across the life span, and optimal use of food resources. Careers and occupations in nutrition and food industries will be explored. Participation in a career connection experience is encouraged.

The integration of Family, Career, and Community Leaders of America (FCCLA) provides students with opportunities for leadership development, personal growth, and school/community involvement.

Recommended Grade Level: 10-12

TEEN LIVING

Teen Living is designed to help students in grades five through eight develop skills needed for living now and into their teen years. Instructional content from the Family and Consumer Sciences curriculum includes personal development, life management, and career exploration. Skills in problem solving, decision making, critical thinking, interpersonal communications, and application of basic academics are reinforced in this course.

The integration of Family, Career and Community Leaders of America (FCCLA) activities assists students in leadership development, personal growth, and school/community involvement.

Recommended Grade Level: 5, 6, 7, and 8

TEXTILES AND APPAREL

Textiles and Apparel is a specialized course designed to prepare students to understand the social, psychological, and physiological aspects of textile and apparel products. Instruction in how to select, produce, maintain, and alter textile and apparel products and the effect of consumer choices on the needs of the individual and family are included in the course of study.

The integration of Family, Career, and Community Leaders of America (FCCLA) provides students with opportunities for leadership development, personal growth, and school/ community involvement.

Recommended Grade Level: 10-12

Occupational Courses

EARLY CHILDHOOD EDUCATION CAREERS I

Early Childhood Education Careers I prepares students for gainful employment and/or entry into post-secondary education. Content provides students a foundation in the concepts of child development theory and affords them the opportunity to integrate knowledge, skills, and practices required for careers in early childhood education and related services. Laboratory experiences offer school-based and/or work-based learning opportunities.

Recommended Grade Levels: 10-12

Students should spend a minimum of 20% and a maximum of 30% of instructional time in laboratory experiences.

Early childhood education programs, including teen learning centers, laboratory nursery schools, etc., must operate within the standards and guidelines of the Tennessee Department of Education and other agencies governing the industry.

EARLY CHILDHOOD EDUCATION CAREERS II

Early Childhood Education Careers II prepares students for gainful employment and/or entry into post-secondary education. Content provides students the opportunity to apply child development theory, develop and implement learning activities for young children, and integrate knowledge, skills, and practices required for careers in early childhood education and related services. Laboratory experiences offer school-based and/or work-based learning opportunities.

Recommended Grade Levels: 10-12

Students should spend a minimum of 30% and a maximum of 50% of instructional time in laboratory experiences.

Early Childhood Education programs, including teen learning centers, laboratory nursery schools, etc., must operate within the standards and guidelines of the Tennessee Department of Education and other agencies governing the industry.

EARLY CHILDHOOD EDUCATION CAREERS III

Early Childhood Education Careers III serves as a capstone course. It, too, prepares students for gainful employment and/or entry into post-secondary education in the early childhood education and services industry. Content provides students the opportunity to study administration, management issues, and special needs children. Students will apply the marketable early childhood education knowledge and skills previously acquired in increasingly responsible positions, including recommended participation in a cooperative education experience.

Recommended Grade Levels: 11-12

Students spend a minimum of 30% and a maximum of 50% of instructional time in child care practicums, teen learning centers, laboratory nursery schools, etc.

Early childhood education programs, including teen learning centers, laboratory nursery schools, etc., must operate within the standards and guidelines of the Tennessee Department of Education and other agencies governing the industry.

CULINARY ARTS I

This course, which is the first level of Culinary Arts, prepares students for gainful employment and/or entry into postsecondary education in the food production and service industry. Content provides students the opportunity to acquire marketable skills by examining both the industry and its career opportunities and by developing food preparation and service and interpersonal skills. Laboratory facilities and experiences, which simulate commercial food production and service operations, offer school-based learning opportunities.

Recommended Grade Levels: 10th, 11th

CULINARY ARTS II

This course, which is the second level of Culinary Arts, prepares students for gainful employment and/or entry into postsecondary education in the food production and service industry. Content provides students the opportunity to acquire marketable skills by demonstrating the principles of safety and sanitation, food preparation skills, and teamwork to manage an environment conducive to quality food production and service operations. Laboratory facilities and experiences, which simulate commercial food production and service operations, offer school-based learning and work-based learning opportunities.

Recommended Grade Levels: 10th, 11th

CULINARY ARTS III

This course, which is the third level of Culinary Arts, serves as a capstone course. It too prepares students for gainful employment and/or entry into postsecondary education in the food production and service industry. Content provides students the opportunity to acquire marketable culinary arts skills they have acquired by assuming increasingly responsible positions, including participation in a cooperative education experience.

Recommended Grade Levels: 12th

FUNDAMENTALS OF HOSPITALITY

This course introduces students to the hospitality industry, its various components, and available career opportunities. Content will provide a foundation for further study in the areas of culinary arts, lodging, travel, and tourism.

Recommended Grade Levels: 9th